

CAMP INFORMATION PACK

YMCA CAMP WARRAWEE

& NORTH PINE LODGE



INTRODUCTION

Thank you for your interest in YMCA Camping. The Y believes that camping is all about challenging and inspiring through adventure. Camp is often the first time away from home for many young people, and is an incredible opportunity for them to grow and to develop their leadership skills.

At the Y, camping is part of our DNA! With more than 120 years' of history in providing camping experiences for children and young people, the Y has developed a unique approach that we offer to Australian families and schools at our Brisbane Camps (Camp Warrawee, North Pine Lodge and Bundalong Activity Centre).

Please find enclosed information regarding YMCA Camp Warrawee and North Pine Lodge:

- Activity Options
- Sample Menu
- Learning Framework
- Program Example
- Camp Facilities/Equipment

If you have any questions please do not hesitate to contact the Camp Warrawee office on 07 3882 1436. We look forward to providing yourself and your group an awesome camp experience.

Kind Regards



Graeme Ferguson

Camp Manager Camp Warrawee | North Pine Lodge | Bundalong

ACTIVITY OPTIONS

Rope Activities

Abseiling

For Year 7 +, climb up a 10m ladder to the top of Bundalong Recreation Centre then abseil down. An excellent self-esteem and character building activity.

Giant Swing *

A high rope activity where participants are raised into the air by other members of their group and then activate the release to swing. Great for team building experience

Indoor Climbing

Campers challenge themselves to reach the top of the climb. An excellent self-esteem and character building activity.

Possum Glider

A high rope activity where participants are raised into the air by the other members of their group. An excellent team building activity.

Low Ropes*

A course for all ages with varying degrees of difficulty which can be adjusted to suit the abilities of the participants. Great for trust, communication and team work. **There are 10 elements in total including:**

- Heebie-jeebie
- Tension traverse
- Bosons chair
- Swinging tyres
- Sliding vine

Crate Climb

A high ropes activity where a team builds the highest milk crate stack (and climbs it) in the time given. An excellent communication and team building activity.

Indoor High Ropes Course

A high ropes challenge course where participants get to manoeuvre through exciting pathways up in the air. A unique self-esteem, resilience and character-building activity.

Apparatus Climb

Climb an obstacle, such as a ladder or single rope, while safely held by a climbing harness. A defining confidence, resilience and teamwork activity.

Water Activities

Canoeing*

Canoeing on the North Pine River. A very popular activity for all ages and is structured to suit the age and capabilities of the participants.

Raft Building*

Groups are given basic materials and have to construct their own raft and test it on the river. Great for developing team work and encouraging leadership.

Tyre Tubing*

Participants float down the North Pine River on a Tyre Tube while learning about the water cycle and local environment. Great for developing an appreciation of the natural environment.

Water-based Trust and Initiative activities

These simple activities are designed to improve team work, trust and communication within the group in a wet environment. Examples include:

- Un-Cork it
- Punctured drum
- Human ladder

Swimming Pool Activities

Activities such as volley ball and relays or free time for fun and relaxation. Pool inflatable obstacle course also available for hire.

Pool Inflatable Obstacle Course

Get wet and have some fun on our giant pool inflatable obstacle course.

Stand-Up Paddle Boarding

A water sports activity in which the rider stands up on a large board and uses a paddle to move across the water.

Land Activities

Archery*

Basic level field archery designed to give participants experience in the sport.

Bouldering

Campers challenge themselves to traverse along a bouldering wall . An excellent self-esteem and character building activity

Catapult Challenge*

A great team initiative activity encouraging problem solving and team work as participants work together to build their own Catapult to shoot items at targets.

Cottage Garden Program

Inspired by the popular kitchen garden programs - learn about our waste management and minimisation programs, composting, worm farms and easy gardening tips. Participants get to pick produce from the garden then make and eat a wood fired mini pizza.

Orienteering*

A number of map reading courses are available with varying levels of difficulty.

Land based Trust and Initiative Activities*

These simple activities are designed to improve team work, trust and communication within the group. Examples include:

- TP Shuffle
- Spider Web
- Human Ladder

Nuclear Meltown

Can you stop the meltdown? A problem solving team challenge with a twist.

Survivor Skills*

Participants will learn how to avoid becoming lost in the wilderness, participants will learn the proper skills and attitudes of surviving if lost and how to enable rescuers to find them quickly.

Other Outdoor Activities

Environmental Walk

Discover the wonderful views and wildlife around the YMCA camp. Participants

learn about the natural and human history of the Petrie area.

Playing field

An open space for your sporting games. Dimensions 75m x 65m.

Ball Sports*

Courts available for Netball, Basketball, Volley ball, Beach Volleyball & Badminton.

Orienteering

Map to ground activity with check-points scattered across camp.

Activities Available at Old Petrie Town

Multicultural Centre - indigenous cultural experience*

Renowned Australian artists Terry Saleh offers a variety of cultural experiences including dance and storytelling; boomerang making, painting and throwing; didgeridoo culture and bush medicine. For more information visit www.salehart.com

Heritage Museum*

The Pine Rivers Heritage Museum encourages visitors to explore the district's historic character through the permanent and rotating displays covering a range of local themes. For more information visit www.moretonbay.qld.gov.au

Pottery Barn*

See how clay pots are made and make your own masterpiece.

Old Petrie Town is a 20 minute walk from Camp Warrawee via a private inland track.

** Activities available at Camp North Pine Lodge.*

SAMPLE MENU

Camp Menu (sample):

- This menu is for the whole group not as individual requests.
- Normal meal times are Breakfast: 7.30am, Lunch: 12.30pm, Dinner: 6.00pm.
- Variations may apply when multiple groups are in camp, or to suit your programming.

Following is our sample weekly menu:

SAMPLE MENU ONLY	Breakfast (includes cereals, toast, condiments, juice & fresh fruit)	Morning Tea	Lunch (includes fresh fruit)	Afternoon Tea	Dinner	Dessert	Supper
Monday	Pancakes with Maple Syrup	Biscuits & Fresh Fruit	Hamburger with Lettuce, Cheese, Beetroot & Tomato	Home Made Cake & Fresh Fruit	Chicken Kiev, Jacket Potatoes, Vegetables (Peas, Carrots, Mini Corn Cob, Cauliflower or Broccoli) Gravy & Dinner Roll	Fruit Salad & Ice-cream	Milo & Biscuits
Tuesday	Chipolatas, Hash Browns, Baked Beans & Grilled Tomato	Biscuits & Fresh Fruit	Crispy Chicken Burger with Lettuce, Pineapple & Tomato	Home Made Cake & Fresh Fruit	Beef Pasta Bake, Tossed Salad (Lettuce, Tomato Wedges, Cucumber, Capsicum, Sprouts) & Garlic Bread	Apple Charlotte & Vanilla Custard	Milo & Biscuits
Wednesday	Scrambled Eggs, Bacon & Grilled Tomato	Biscuits & Fresh Fruit	Tortilla Wrap with Chicken Tender, Lettuce, Cheese & Tomato	Home Made Cake & Fresh Fruit	Chicken Kiev, Jacket Potatoes, Vegetables (Peas, Carrots, Mini Corn Cob, Cauliflower or Broccoli), Gravy & Dinner Roll	Fruit Salad & Ice-cream	Milo & Biscuits
Thursday	Chipolatas, Hash Browns, Baked Beans & Grilled Tomato	Biscuits & Fresh Fruit	Hamburger with Lettuce, Cheese, Beetroot & Tomato	Home Made Cake & Fresh Fruit	Beef Pasta Bake, Tossed Salad (Lettuce, Tomato Wedges, Cucumber, Capsicum, Sprouts) & Garlic Bread	Apple Charlotte & Vanilla Custard	Milo & Biscuits
Friday	Scrambled Eggs, Bacon & Grilled Tomato	Biscuits & Fresh Fruit	Crispy Chicken Burger with Lettuce, Pineapple & Tomato	Home Made Cake & Fresh Fruit	Chicken Kiev with Salads (Coleslaw, Potato Salad, Sweet Corn Kernels, Tomato Wedges, Cucumber) Gravy & Dinner Roll	Fruit Salad & Ice-cream	Milo & Biscuits
Saturday	Chipolatas, Hash Browns, Baked Beans & Grilled Tomato	Biscuits & Fresh Fruit	Hamburger with Lettuce, Cheese, Beetroot & Tomato	Home Made Cake & Fresh Fruit	Roast Beef, Jacket Potatoes, Vegetables (Peas, Carrots, Mini Corn Cob, Cauliflower or Broccoli) Gravy & Dinner Roll	Apple Charlotte & Vanilla Custard	Milo & Biscuits
Sunday	Scrambled Eggs, Bacon & Grilled Tomato	Biscuits & Fresh Fruit	Crispy Chicken Burger with Lettuce, Pineapple & Tomato	Home Made Cake & Fresh Fruit	Spinach & Ricotta Ravioli with Napolitano Sauce, Tossed Salad (Lettuce, Tomato Wedges, Cucumber, Capsicum, Sprouts) & Garlic Bread	Peaches & Ice-cream Supper	Milo & Biscuits

LEARNING FRAMEWORK

The YMCA Camping Learning Framework has been created to assist groups to identify the desired learning outcomes for campers and to assist us to design a camp experience to meet your needs:

BODY

LEARNING EXPERIENCE	DESCRIPTION
Coordination & Confidence	Campers develop coordination and confidence through physical challenge.
Work as a Team	Campers work collaboratively with their peers using effective communication skills and developing trust between group members
Make Healthy Choices	Campers understand how healthy choices contribute to their own physical, mental and emotional wellbeing.
Develop and Grow in the Outdoors	Campers experience new adventure activities and develop skills to encourage lifelong physical activity and an appreciation of the natural environment.

MIND

LEARNING EXPERIENCE	DESCRIPTION
Build Resilience	Campers develop and demonstrate coping strategies to adapt to individual and group challenges.
Provide Opportunities for Leadership	Campers experience opportunities to influence and encourage positive group behaviour, lead by example.
Solve Problems Together	Campers respect each other's viewpoints and work together to achieve outcomes.
Set Goals	Campers learn to set personal goals, persist and strive to achieve them.

SPIRIT

LEARNING EXPERIENCE	DESCRIPTION
Develop Independence	Campers take responsibility for their own actions and well-being and display initiative to effectively solve problems.
Connect with Others	Campers develop positive relationships with others, form new friendships and strengthen existing ones.
Be Socially Responsible	Campers are inclusive and respectful of others, embrace diversity and protect and further enhance the natural environment through their actions.
Reinforce a Positive Outlook	Campers are happy in the present moment and have a sense of wonder for the natural world, optimism for the future and interact positively with each other and nature.

SAFEGUARDING CHILDREN & YOUNG PEOPLE

The YMCA has a range of policies and procedures to keep children and young people safe. Details of these policies are available at: www.ymcabrisbane.org along with information on how you can report child safety concerns.

PROGRAMMING

YMCA Camping can provide a tailored program to suit your needs and budget. A program will be developed upon receipt of a camp deposit to secure your camp booking. Programs are designed in accordance with desired camp outcomes as identified on the YMCA Learning Framework.

Group Size - students/participants are divided into groups of approximately 15 - 17 people (the number of groups will depend on your final student/participant numbers).

1 Day Programs (Non-Camping) - groups can visit camp without staying overnight. We cater for day groups and can provide a full activity program and meals as required.

Weekend/Public Holiday Programs - due to varying staff costs a program will be designed upon application. There are varying fixed daily rates for YMCA Outdoor Leaders on Saturdays, Sundays and Public Holidays.

Night Programs – we can provide night programming as required. Options include Night Spotlight Walk, Camp Fire Cooking, Trivia, and Indoor Climbing. We can also assist with games and activities for Teachers/Group Leaders to run.

Sample Program Table

Group	1	2	3
Numbers	15	15	15
YMCA Instructor	Instructor 1	Instructor 2	Instructor 3
Day 1			
1130	Arrive, Welcome & Cabin Allocation		
1230	Lunch		
1330 - 1500	Canoeing	Raft Building	Catapult Challenge
1500	Afternoon Tea		
1530 - 1700	Raft Building	Canoeing	Archery
1700	Free Time & Showers		
1730	Dinner		
1900 - 2100	School Activity / Night Program		
Day 2			
700	Breakfast		
0900 - 1030	Giant Swing	Indoor Climb	Canoeing
1030	Morning Tea		
1100 - 1230	Indoor Climb	Giant Swing	Raft Building
1230	Lunch		
1330 - 1500	Environmental Walk	Cottage Garden	Giant Swing
1500	Afternoon Tea		
1530 - 1700	Cottage Garden	Environmental Walk	Indoor Climb
1700	Free Time & Showers		
1730	Dinner		
1900 - 2100	School Activity / Night Program		
Day 3			
700	Breakfast		
0900 - 1030	Catapult Challenge	Archery	Environmental Walk
1030	Morning Tea		
1100 - 1230	Archery	Catapult Challenge	Cottage Garden
1230	Lunch		
1315	Farewell & Departure		

CAMP FACILITIES/EQUIPMENT

Camp Warrawee

Building/Item	Notes
Swimming Pool	Beautiful 24m x 11m pool available at no extra charge. Pool must be shared if other groups staying onsite.
Jack Harris Hall	Indoor basketball court sized stadium - basketball, volleyball, indoor sports.
Bundalong Hall	Large multipurpose hall suitable for a range of activities.
Dining Hall	Suitable for group activities/movies after meal times.
Noonameena Hall	Small meeting room/activity area suitable for craft activities, group activities/meetings.
Outdoor Eating Area 1	Large outdoor eating area with picnic tables.
Outdoor Eating Area 2	Smaller outdoor eating area with shade sails and bench seating.
Main Fire Pit	Large fire pit. Timber available for an additional fee (or collect your own).
Bush Fire Pit	Smaller fire pit located near our bush shelter.
PA System	Public Address system (2 x powered speakers and Yamaha mixing console). Suitable for playing music, movies, speeches etc.
Projector & Screen	Portable projector and projector screen.
Sports Equipment	Basketballs, Soccer balls, Hula Hoops etc.
Initiative Games	We have a range of games we can make available for school groups eg tug of war rope.

North Pine Lodge

Building/Item	Notes
Dining Hall	Large multipurpose space suitable for a range of group activities.
Fire Pit	Large fire pit. Timber available for an additional fee (or collect your own).
Beach Volleyball Court	Sand pit with volleyball net.
PA System	JBL Eon 610 Public Address system (2 x powered speakers and Yamaha mixing console). Suitable for playing music, movies, speeches etc.
Projector & Screen	Portable projector and projector screen.
Sports Equipment	Basketballs, Soccer balls, Hula Hoops etc.
TV/DVD Player	Flat screen TV and DVD player on a trolley.
Initiative Games	We have a range of games we can make available for school groups eg tug of war rope.